

Alleluia, alleluia! / You are a chosen race, a royal priesthood, a holy people. / Praise God who called you out of darkness and into his marvellous light. / Alleluia!

GOSPEL

Mt 10: 37-42

A reading from the holy Gospel according to Matthew.

Anyone who does not accept his cross is not worthy of me. Anyone who welcomes you, welcomes me.

Jesus instructed the Twelve as follows: 'Anyone who prefers father or mother to me is not worthy of me. Anyone who prefers son or daughter to me is not worthy of me. Anyone who does not take his cross and follow in my footsteps is not worthy of me. Anyone who finds his life will lose it; anyone who loses his life for my sake will find it.

'Anyone who welcomes you welcomes me; and those who welcome me welcome the one who sent me.

'Anyone who welcomes a prophet because he is a prophet will have a prophet's reward; and anyone who welcomes a holy man because he is a holy man will have a holy man's reward.

'If anyone gives so much as a cup of cold water to one of these little ones because he is a disciple, then I tell you solemnly, he will most certainly not lose his reward.'

■ The Gospel of the Lord.

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Breaking Open the Word

HOW SHOULD I LIVE AND ACT?

If Jesus were to meet you (and he does constantly!) and you were to ask him, 'How should I act and live my life?', the answer would come into today's Gospel. It continues Jesus' teaching concerned with disciples (us!) on mission. As our church deepens its practice of synodality, the instructions Jesus offers are meant for all: our focus is to be on Jesus. Our relationship with him guides every other relationship and commitment. In the Gospel, Jesus tells the Twelve, the symbolic leadership group of disciples who spearhead the Jesus missionary movement, 'Anyone who prefers[fill in the blanks] ... is not worthy of me.' His words are not a rejection of one's relationships or family ties but the preference in all relationships is to be guided by our abiding commitment and friendship with Jesus.

The second collection of sayings in today's Gospel concerns hospitality. Those who welcome others, members of the Jesus household, and act in holiness or speak prophetically are also welcoming the presence of Jesus. This spirit of openness and receptivity continues into the last part of today's Gospel. Offering a welcoming drink to 'one of these little ones'—those regarded as social nobodies without prestige or status—and discerned, surprisingly, as disciples, as members of Jesus' community of believers, will be eternally rewarded: '...they will most certainly not lose their reward.'

Today's Gospel is not about earning rewards, though. It is about how to live, with a firm commitment to Jesus and welcoming all, especially the 'little ones' and identifying as disciples the most unlikely.

Fr Michael Trainor

THE SAVING WORD

THIRTEENTH SUNDAY IN ORDINARY TIME / A

28 JUNE 2026

FIRST READING

2 Kings 4: 8-11, 14-16

A reading from the second book of the Kings.

That is the holy man of God, let him remain there.

One day as Elisha was on his way to Shunem, a woman of rank who lived there pressed him to stay and eat there. After this he always broke his journey for a meal when he passed that way. She said to her husband, 'Look, I am sure the man who is constantly passing our way must be a holy man of God. let us build him a small room on the roof, and put him a bed in it, and a table and chair and lamp; whenever he comes to us he can rest there.'

One day when he came, he retired to the upper room and lay down. 'What can be done for her?' he asked. Gehazi (his servant) answered, 'Well, she has no son and her husband is old.' Elisha said, 'Call her.' The servant called her and she stood at the door. 'This time next year,' Elisha said 'you will hold a son in your arms.'

■ The word of the Lord.

RESPONSORIAL PSALM Ps 88: 2-3, 16-19. R. v. 2

R. For ever I will sing the goodness of the Lord.

1. I will sing for ever of your love, O Lord; / through all ages my mouth will proclaim your truth. / Of this I am sure, that your love lasts for ever, / that your truth is firmly established as the heavens. **R.**

2. Happy the people who acclaim such a king, / who walk, O Lord, in the light of your face, / who find their joy every day in your name, / who make your justice the source of their bliss. **R.**

3. For it is you, O Lord, who are the glory of their strength; / it is by your favour that our might is exalted: / for our ruler is in the keeping of the Lord; / our king in the keeping of the Holy One of Israel. **R.**



SECOND READING

Rom 6: 3-4, 8-11

A reading from the letter of St Paul to the Romans.

Having been buried with him through baptism, we shall walk in a new life.

When we were baptised in Christ Jesus we were baptised in his death; in other words, when we were baptised we went into the tomb with him and joined him in death, so that as Christ was raised from the dead by the Father's glory, we too might live a new life.

But we believe that having died with Christ we shall return to life with him: Christ, as we know, having been raised from the dead will never die again. Death has no power over him any more. When he died, he died, once for all, to sin, so his life now is life with God; and in that way, you too must consider yourselves to be dead to sin but alive for God in Christ Jesus.

■ The word of the Lord.